



Our PE, Sport & Physical Activity Curriculum

Our PE Leaders are Mrs Lewis and Mr Johnson

Our Curriculum Intent and Aims

It is the Intent of our PE, Sport and Physical Education Curriculum to enable all our children to participate in all activities; this is supported by partnership with SSCO.

The aim of physical education is to promote physical activity and healthy lifestyles. Children are taught to observe the conventions of fair play, honest competition and good sporting behaviour as individual participants, team members and spectators. Children take part in games, gymnastic movement, dance and athletic activities using indoor and outdoor environments where appropriate. Children can take part in after school clubs and have the opportunity to compete against other schools. In KS2, children go on a residential course for outdoor activities in both YR4 and YR6.

It is our intention when teaching the PE curriculum we develop the enjoyment of physical activity and strive to improve the importance of health and wellbeing. Our intention is to give children the opportunities to develop their skills, knowledge and understanding and apply these in competitive situations, with the vision this provides them with lifelong learning skills.

We strive to ensure that all our pupils receive a well-rounded learning experience when participating in different sporting activities, learning the importance of health and wellbeing and equipping them with the necessary values and tools to achieve in our school and beyond. It is our intention to engage pupils in the possibilities of sport to develop a passion for being active, healthy and the confidence to try new things and build resilience and determination with all they do.

Objectives

Physical activity is a broad term referring to all bodily movement that uses energy. It includes all forms of physical education, sports and dance activities. However, it is wider than this, as it also includes indoor and outdoor play, work-related activity, outdoor and adventurous activities, active travel (e.g. walking, cycling, rollerblading, scooting) and routine, habitual activities such as using the stairs, doing housework and gardening.

Physical education is the planned, progressive learning that takes place in school curriculum timetabled time and which is delivered to all pupils. This involves both 'learning to move' (i.e. becoming more physically competent) and 'moving to learn' (e.g. learning through movement, a range of skills and understandings beyond physical activity, such as co-operating with others). The context for the learning is physical activity, with children experiencing a broad range of activities, including sport and dance.

School sport is the structured learning that takes place beyond the curriculum (i.e. in the extended curriculum) within school settings; this is sometimes referred to as out-of-school hours learning. Again, the context for the learning is physical activity. The 'school sport' programme has the potential to develop and broaden the foundation learning that takes place in physical education. It also forms a vital link with 'community sport and activity'.

Our Curriculum Implementation:

At Hazeldene, we recognise that in order for all pupils to progress they need to be confident across each of their yearly objectives. Our PE curriculum covers the knowledge and skills outlined in the National Curriculum and ensures all children are given opportunities to be challenged to progress their learning further. Through our teaching of PE we aim to deliver the lessons in a meaningful context, giving purpose and wherever possible curricular links are exploited, particularly links with Maths, British Values, our Values Based Learning and SMSC. We have our own outdoor heated swimming pool and all the children have swimming lessons. Autumn 2019 the pool is in the process of being covered.

Curricular Aims

Key Stage One:

In KS1, we provide opportunities for pupils to develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. Over the course of the year this covers dance, gymnastics and a variety of games. We are striving to ensure they are able to engage in competitive and co-operative physical activities, in a range of increasingly challenging situations including competition.

Key Stage Two:

In KS2, pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. We are determined that they enjoy communicating, collaborating and competing with each other and that they develop an understanding of how to improve in different physical activities and sports, learning how to evaluate and recognise their own success. Over the key stage, pupils will continue to be taught dance, gymnastics and a variety of games.

Swimming and Water Safety – Foundation, Key Stage 1 and Key Stage 2 will develop water confidence to support the expectation that by the end of Key Stage 2 children can swim competently, confidently and proficiently over a distance of at least 25m.

Extra-curricular implementation

Extra-Curricular Clubs are very popular, and there are a variety of clubs available for KS1 and KS2 pupils that change on a regular basis. These can include football, netball, cricket, rugby, archery, gardening, Judo, KS1 and KS2 athletics, cheerleading, gymnastics etc. Playtimes are an important part of our pupils being happy, healthy and ready to learn. We have well-staffed and equipped playground and a sports field. Our Year 5 and 6 children can choose to become Play Leaders to younger children and Buddies. We also have Sport Captains and House Sports Ambassadors.

Physical education is seen as key to developing healthy lifestyles in young people and at Hazeldene we provide a wide array of opportunities to develop this and sporting skills outside of the normal curriculum time. Regular lunch time Activity: Scooters, Football, Playground Leaders etc. encourage children to be as physically active as possible. The Daily Mile is to be introduced Autumn 2019.

Our Curriculum Impact

We strive to ensure that our pupil's attainment is in line or exceeds their potential when we consider the varied starting points of all our children. Through our progressive skill based curriculum we are measuring the children's ability, striving for them to meet their age-related expectations for their year group. We intend the impact of our PE curriculum will ensure children will leave our academy prepared for the next step in their physical education and life beyond primary school.

PE assessment is ongoing to inform teachers with their planning, lesson activities and differentiation. From September 2019 Summative assessment is completed by all class teachers to inform leaders of individuals' progress or skills that still need embedding further.

PE is monitored by the subject leader throughout all year groups using a variety of strategies, such as, lesson observations and pupil interviews to discuss learning and establish the impact.

Software from Absolute Education will support the monitoring of all pupil groups i.e. EAL, SEND, boys, girls and their uptake on after curricular activities including attendance at festivals and competitions.