



## **Hazeldene School Swimming Policy**

### **Responsible roles**

The Head Teacher will have overall responsibility for the teaching of swimming

Mrs Lewis who is the PE Leader will be responsible for co ordinating swimming

Lew Keys will be responsible for the management of the pool alongside the site agent

### **Aims:**

At Hazeldene School we aim to enable all our pupils to experience as much swimming as possible during school time in order for them to become competent, confident swimmers with a strong desire to continue swimming and maintain a healthy life-style in later life.

To meet the requirements of the National Curriculum.

Pupils should be taught to:

- **Perform safe self-rescue in different water based situations**
- **Swim competently, confidently and proficiently over a distance of at least 25 metres**
- **Use a range of strokes effectively, for example, front crawl, backstroke and breaststroke.**

### **Equal opportunities**

All children have equal access to the Swimming Curriculum regardless of race, gender, creed or ability, in line with the school's policies on Special Education Needs [SEN] and More Able children. This policy pays due regard to the Disability Discrimination Act. Equal access to all aspects of the swimming programme will be available to all children. Any child with special educational needs will participate in all activities as far as possible according to his/her abilities, in consultation with the Special Needs Co-ordinator, parents and any special needs personnel. If for any reason it is not possible

to provide swimming for a child then alternative, appropriate activities will be provided.

### **Organisation:**

Swimming at Hazeldene Lower School is time tabled in the summer term for all children across the Foundation stage, Key Stage 1 and Key Stage 2. Children, therefore, have the opportunity to develop and improve their swimming throughout the primary phase. Children will swim twice weekly weather permitting. From September 2019 the pool will have a permanent cover so a new timetable to reflect the new extended opening times of the pool - April-October.

### **Changing:**

The children will change in the changing rooms at the pool independently as far as possible. There will be support from the swimming teacher and the poolside assistants ONLY if DBS screened if necessary.

Staff will encourage good behaviour in the changing rooms. This will not only ensure the safety and well being of pupils but will also help to set the tone of the lesson.

For the safety of the individual and the group and also to protect the pool liner, no jewellery of any kind is to be worn in the water. Children wearing stud earrings will be asked to remove them before being allowed to swim. Parents should teach their child/children to remove earrings unaided or leave the earrings at home on the day of the swimming lesson.

It may be necessary to agree procedures relating to children who wear jewellery for religious purpose or who wear Medi-alert bracelets or similar items.

Remind the children to attend to their personal and toilet requirements and to be clean before entering the pool.

We prefer girls to wear one-piece swimsuits and boys to wear swimming trunks (not shorts). Provision must be made for alternative attire for minority ethnic pupils when a request is made.

Swimming hats must be worn by all swimmers.

No food or drink may be consumed in the changing rooms.

No talcum powder is allowed in the changing rooms.

### **Behaviour, Health and Safety:**

The swimming pool is a place of work and should be treated as a classroom with the same rules regarding behaviour.

The swimming teacher has overall responsibility for the teaching, discipline and safety of the children. All other adults on the poolside during a session must defer to her authority.

The school is responsible for undertaking a periodic risk assessment of the school's swimming provision. This should be carried out by the swimming teacher. When making decisions about pupils with special educational needs, schools need to ensure that the law relating to SEN Disability Act is followed whereby schools take all reasonable steps to avoid discriminating against pupils on the grounds of their disability.

A child with a serious condition (such as epilepsy, downs syndrome) who is still able to participate in swimming lessons must have an adult allocated to them who will watch the child from the poolside or go into the pool with them.

Helpers are responsible for knowing emergency procedures.

When the instructor blows the whistle, there should be silence in the pool and surrounding area.

There must be NO running, jumping or diving.

The swimming teacher must be informed in writing of children with any health

problems e.g. asthma, epilepsy, diabetes, etc.

Children will be encouraged to:

- Use the footbath as they enter the pool area;
- Use the toilet before swimming;
- Blow noses before swimming.

Children should show Mrs. Lewis any cuts or grazes before changing, in order for her to decide whether they will be allowed to swim (we cannot allow open

wounds in the pool for Health and Safety reasons). Children are not allowed to swim if they have a cold sore.

Children CAN swim with verrucas if treated.

### **Use of Swimming Goggles**

The school will follow the advice from the ASA, which is as follows:

- children do not wear goggles during swimming lessons.

However, it is recognised that for some children, medical or associated reasons necessitate the wearing of swimming goggles in order to participate and in these cases carers/parents should:

- write to Mrs Ward explaining why the child needs to wear goggles (this letter should be backed up with a medical certificate);
- only purchase goggles that meet British Standards;
- ensure that the goggles fit the child correctly,
- ensure the child has received adequate instruction, prior to participation, as to the fitting and adjustment of goggles,
- be aware that teachers will not be responsible for the fitting of goggles to the children.

### **Emergency Drill**

This will need to be clearly understood by all children and should be practised regularly.

They should be taught how to attract the teacher by shouting or waving. Teachers will need to carry a whistle at all times, to be used strictly as a safety aid and not as a teacher aid. Special arrangements may be required, eg flashing lights may be appropriate for hearing-impaired children or a buddy system.

An emergency phone will be kept at the poolside at all times.

## **Training**

At every session there will always be a member of staff who has received CPR training. This training is delivered by Bostock. The next renewal date is May 2020.

All teachers who teach swimming have at least ASA level 1. ASA level 2 and or STA Level 2 Award in Teaching Swimming and STA Level 2 Certificate in Teaching Swimming or equivalent.

All staff who have received Poolside Resuscitation have been shown how to use the defibrillator and staff who have First Aid trainer have all trained received automated external defibrillation training.

### **Group Sizes:**

Children under the age of 6: Maximum pupil : teacher ratio = 7 : 1

Children aged 6 - 11: Maximum pupil : teacher ratio = 12 : 1

(The ratio may change for children with specific needs.)

At any time we will not have more than 15 children in the pool.

### **Pool Management**

**Our pool is managed by Lew Keys. They are fully responsible for the daily maintenance, upkeep and checking of the swimming pool**

Policy review date:

This policy will be reviewed bi annually

May 2021