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Dear All,

28<sup>th</sup> March 2017



I hope you have been having fun with your bean bag.

A big thank you to the families who have sent in photographs of their children using the bags. These have been displayed on our P.E. board in the downstairs corridor.



Below are some new activities to try in April. Please continue practicing the previous skills too.



Many thanks.

### Foundation -



Crawl with bean bag balanced on back

Pick up bean bag with toes and drop in a box



### Year 1 and Year 2 -

Throw the bean bag up into the air with your right hand and catch with the left.

Throw the bean bag up into the air with your left hand and catch with the right



Throw the bean bag over a rope into a bucket//bin

Play hopscotch with a beanbag instead of a stone (draw the hopscotch on the floor using chalk).



Yours sincerely,



Mrs S Lewis



P.E. Co-ordinator, Year 3 Teacher

