



Bedford Borough Parent & Carer Autism Training Programme 2017

The CAMHS (Child and Adolescent Mental Health Service) and Neurodevelopmental Team, in partnership with Autism Bedfordshire, will be running a series of lectures to support parents and carers to understand and manage behaviours consistent with Autism.

Dates and Topics:

Thursday 19th October	What is Autism?
Thursday 2nd November	Anxiety
Thursday 16th November	Communication
Thursday 23rd November	Managing Challenging Behaviours
Thursday 30th November	Sensory Needs
Thursday 7th December	Sleep problems / Sexuality and Relationships

Cost: £12 per person for the 6 week course to cover costs of the refreshments and resources (please note we are unable to accept payment for individual sessions)

Time: Arrival 9.45am for prompt 10am start until 1.00pm

Venue: Child Development Centre, Hill Rise, Kempston, MK42 7EB

To register/pay for your place please contact Autism Bedfordshire (01234) 214871 or enquiries@autismbeds.org

PARKING: At the top of Hill Rise please turn left towards Kempston Challenger Academy and park in the lay-by. Please do not use the CDC car park. Special thanks to the Child Development Centre for providing the facilities to run this programme.